

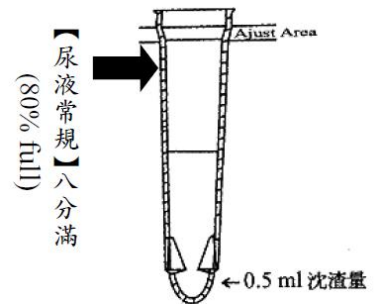


## 【尿液收集方法】

### 【Guidelines for collection of Urine Specimens】

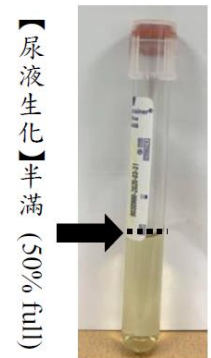
#### 【尿液常規檢驗】：

1. 請先排掉前段尿液。
2. 用紙尿杯接取中段尿液。
3. 將紙杯尿液倒入紅蓋尿液收集管中。  
尿液常規檢查約八分滿(12 毫升)。



#### 【生化尿液檢驗】：

1. 請先排掉前段尿液。
2. 用紙尿杯接取中段尿液。
3. 將紙杯尿液倒入白蓋尿液收集管中。生化尿液檢驗約試管一半的量。



#### 【尿液細菌培養】：

1. 採集尿液前，請先以優碘棉片清潔尿道口。
2. 請先排掉前段尿液。
3. 以無菌尿杯直接接取 20-30 毫升中段尿液。  
不可先排尿於紙尿杯後再倒入無菌尿杯。

#### 【Urine Routine Collection】：

1. Please drain the front part of the urine first.
2. Use the paper urine cup to catch the middle part of the urine.
3. Pour the paper cup urine into the red cap urine collection tube. The urine should be about 80% full (10-12 ml) for routine examination.

#### 【Urine Biochemistry Test Collection】：

1. Please drain the front part of the urine first.
2. Use the paper urine cup to collect the middle part of the urine.
3. Pour the paper cup urine into the white cap urine collection tube. The urine should be about half full for Urine Biochemistry Tests.

#### 【Urine Culture Collection】：

1. Before collecting urine, clean the urethral meatus with Povidone-Iodine Prep Pad.
2. Please drain the front part of urine first.
3. Use the sterile urine cup to receive 20-30 mL of middle part urine directly.

**DO NOT urinate into the paper cup first then pour urine into the sterile container.**

#### ◎注意事項：

1. 女性正值月經期間，原則上應避免做尿液檢驗。
2. 尿液檢體請在 1 小時內送達檢驗室。
3. 如無法立刻送檢，應將檢體置於冷藏環境(2-8°C)，且最好不要超過 4 小時
4. 請您攜帶健保卡、申請單與檢體，於服務時間送至收檢櫃檯。
5. 若有任何疑問，請來電詢問臨床病理科。

#### ◎Announcement:

1. Female should avoid urine tests during menstruating period.
2. Urine test should be sent to the laboratory within 1 hour.
3. If you are unable to send the test immediately, the sample should be kept in the refrigerator for less than 4 hours.
4. Please bring your National Health Insurance Card, application form and sample to the laboratory during service hours.
5. If you have further queries, please do not hesitate to contact us. Thank you.

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